



Mental Health and Suicide Prevention Resources November 19, 2020

Construction Industry Alliance for Suicide Prevention: Downloadable Resources

- Posters, Toolbox Talks, Integration Checklist, articles, etc.
- www.preventconstructonsuicide.org

Center for Workplace Mental Health – Case Study from Lakeside Industries

- <http://workplacementalhealth.org/Case-Studies/Lakeside-Industries>

2-Minute Video: Suicide Prevention & Opioids in Construction (July 2020)

- Washington Department of Labor & Industries
- <https://www.youtube.com/watch?v=empsWzqpQaE&feature=share>

Articles featured by the Construction Users Roundtable (CURT) in The VOICE

- 4Q 2020 Cover Story on Mental Health
 - <http://flip.matrixgroupinc.net/curt/2020/issue04/#page=1>
- 3Q 2020 Feature on Suicide Prevention
 - <http://flip.matrixgroupinc.net/curt/2020/issue03/#page=22>

Articles in *Building Profits* (Construction Financial Management Association)

- Mental Health and Wellbeing in Construction (Sept/Oct 2020)
https://s3.amazonaws.com/rdcms-cfma/files/production/public/SO20_46.pdf
- Leading a Company in the Aftermath of a Loss by Suicide (Nov/Dec 2019)
https://preventconstructionsuicide.starchapter.com/images/downloads/Integration_Resources/leading_a_company_in_the_aftermath_of_a_suicide_loss_cfma_building_profits_nov_dec_2019.pdf

Joyages -- Free Suicide Prevention Videos

- **9 videos between 2.5 to 4 minutes in length**
- www.Joyages.com/construction

Man Therapy (uses humor to break stigma):

- www.mantherapy.org

Kevin Hines Story

- **5 min video: I Jumped off Golden Gate Bridge & Survived:** <https://youtu.be/WcSUs9iZv-g>
- **Website:** <http://www.kevinhinesstory.com/>

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